A case of myocardial bridging over the right coronary artery diagnosed by coronary angiography

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Abstract

Angiographically evident myocardial bridges confined to the other arteries rather than the left anterior descending artery is very rare in the literature. Also cardiac computerized tomography studies and postmortem studies demonstrated that myocardial bridges are not as rare as the angiographic series and may be confined to the other arteries rather than the left anterior descending. We reported a very rare case with myocardial bridge on right coronary artery diagnosed by coronary angiography causing severe obstruction. We want to share this angiographically visible myocardial bridge confined to the right coronary artery and discuss the potential reasons for the frequency dilemma among different diagnostic tools.

Keywords: Myocardial bridging, coronary artery disease, coronary angiography

Introduction

Myocardial bridging (MB) is a congenital condition that a segment of a major coronary artery courses within the myocardium though the coronary artery is tunneled through a part of the myocardium. It is usually confined to a single vessel which is usually the mid segment of the left anterior descending artery (LAD). It is usually asymptomatic but may be associated with acute coronary syndromes, arrhythmias, myocardial ischemia and sudden cardiac death. It has been reported as an incidental finding in many cases. It is more commonly identified at autopsy but occasionally diagnosed by coronary
angiography. Narrowing of the coronary lumen during systole and releasing during diastole typically shows a MB during the coronary angiography. Angiographically visible MB’s are rare and usually found on the LAD. Identification of MB on the right coronary artery (RCA) is uncommon. We reported a case of angiographically identified MB on the RCA.

**Case report**

59-year-old male was presented with exertional angina pectoris. He had been a massive smoker but free of any cardiovascular or metabolic diseases. His family history was free of cardiovascular diseases but the diabetes. His treadmill exercise test was positive so we performed coronary angiography and it revealed non-significant lesions at the mid portion of LAD, non-dominant left circumflex artery with high-grade stenosis at the proximal part and the first obtuse marginal branch, and proximal totally occluded RCA. Else, distal part of the RCA was totally compressed at systole and released at diastole (Figure 1, 2). Successful stent implantation was performed to the circumflex artery. We recommended medical follow-up for the RCA lesions were. The patient had described no more ischemic symptoms during the follow-up.

![Figure 1. Systolic compression of distal part of the right coronary artery due to myocardial bridge.](image1)

![Figure 2. Diastolic decompression of distal part of the right coronary artery.](image2)
Discussion

MB’s are seen as few as 0.5% by the diagnostic coronary angiography [1]. Angiographically diagnosed MB’s usually confining the LAD [1, 2]. Angiographically evident MB’s confine to the other arteries rather than the LAD is very rare in the literature [1, 2]. However, cardiac computerized tomography studies and postmortem studies demonstrated that MB’s are not as rare as the angiographic series and may confine to the other arteries rather than the LAD [2, 3]. The differences among the angiographically evident MB incidence and the anatomiclly evident MB incidence depend on the unsatisfactory compress of some MB’s on the coronary artery at the systole that causes insufficient loss of the wall regularity to observe during the coronary angiography. There are only few cases reported MB’s confine to the right coronary artery at the angiographic studies. Increased pulmonary artery pressure was reported in some of those cases [4, 5]. We hypothesized that the pulmonary hypertension may be a cause of the right ventricular hypertrophy so the myocardial fibers of the MB overlaying the coronary artery. So the increased strength power of the MB may beat the coronary perfusion pressure and makes the MB visible by the coronary angiography. In our case pulmonary artery pressure was normal but we hypothesized that the RCA perfusion may be decreased due to the chronic total occlusion of the proximal portion of the artery so the strength power of the MB may beat the decreased coronary perfusion pressure of the RCA. Our hypothesis is supported by the well known experience which describes the MB’s to be more frequently and more severely appeared with the decreased blood pressure [6]. Else MB’s are invisible when the myocardium of the MB is stunned or infarcted [7].

We wanted to share this angiographically visible MB confine to the RCA and for contribution to explain its frequency dilemma among different diagnostic tools.

References